

Team Number: \_\_\_\_\_

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**SINGLE PROBLEM - Team Member <sup>1</sup>**  
**CODE NAME - Flipped Out**

Team ID Number: \_\_\_\_\_

Team Members: \_\_\_\_\_ Category: \_\_\_\_\_

**Problem Statement**

While receiving a tour of the training facilities at C.O. Bick College, you are directed to the scene of an incident requiring your assistance. Within the gymnasium area, you find an individual who has been using the indoor track to cycle train. With the speeds that the individual was travelling, the cyclist apparently veered off during a tight turn and hit the stands.

**Casualty Simulation**

Patient ONE

SWEATING; FLUSHED; ANXIETY

ABRASIONS to RIGHT PALM and WRIST

ABRASIONS RIGHT ELBOW

ABRASIONS exterior side of right hip

LACERATION outside lower right leg - 4cm

CLOSE FRACTURE of RIGHT ANKLE

**History**

The cyclist is a hard trainer who is not on any medications; though he/she uses "Bufferin" before working out to relieve post workout muscular pain. While the cyclist would respond if asked that they have no allergies, when the first aider attempts to use regular adhesive tape, the cyclist should instruct the first aid that they reactive badly (hives) to adhesive tape.

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Judging Notes:

- Assist team with prompting if casualties do not respond properly.
- Please check the casualties' position and all simulation.
- Ensure that the cyclist is entangled under the bicycle.
- Prior to team arrival, ensure that cyclist's feet are taped to pedals

I Information Requested            A            Actions Taken            S            Statements

IMMEDIATE ACTION: (within first four (4) minutes of problem)

1.	Did member take charge and exude confidence . . . . .	A	10	0
2.	Did member properly identify themselves and seek consent . . . . .	A	10	0
3.	Did member assess for further hazards present? . . . . .	A/S	05	0
4.	Did member promptly attempt to send someone for assistance? . . .	A	10	0
5.	<b>Patient 1</b>			
	Was effort made to determine level of consciousness? . . . . .	S	02	0
	Was effort made to assess quality of airway? . . . . .	S	02	0
	Was effort made to assess quality of pulse? (weak & rapid) . . . . .	S	02	0
	Was effort made to establish a gross bleed check? . . . . .	A/S	10	0
6.	Attempt made to contact management . . . . .	S	05	0
7.	Was effort made to rule out Head/Neck/Back injuries . . . . .	S	05	0
8.	Was attempt made to ensure that no further cyclists are on track . .	S	05	0
9.	Did member protect themself by using gloves? . . . . .	S	05	0

SECONDARY ACTION:

10.	Was body warmth maintained for	<b>Over</b> . . . . .	A	05	0
		<b>Under</b> . . . . .	A	10	0
11.	Did member ask questions in order to determine the History . . . . .	A	10	0	
12.	Did member interact during Primary/Secondary assessment . . . . . (explaining what they were doing and questioning him/her for pain etc..)	A	05	0	

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	.....	A	05	0
<b>13. Secondary Assessment</b>				
Did member perform suitable assessment of the following areas:				
skull	(no bumps, no indentations) .....	A/S	02	0
ears	(as found, no fluids) .....	A/S	02	0
eyes	(as found, equal and reactive) .....	A/S	02	0
nose	(as found) .....	A/S	02	0
mouth	(as found, no odour) .....	A/S	02	0
jaw	(as found) .....	A/S	02	0
neck	(as found) .....	A/S	02	0
back/spine	(as found) .....	A/S	02	0
chest	(as found) .....	A/S	02	0
abdomen	(as found, no discolouration or tenderness) .....	A/S	02	0
pelvic area	(as found, tenderness and abrasions to right hip) ...	A/S	02	0
right leg	(as found, laceration outside lower leg) .....	A/S	02	0
right foot	(as found, swelling, discolouration, tenderness (ankle)	A/S	02	0
left leg	(as found) .....	A/S	02	0
left foot	(as found) .....	A/S	02	0
right clavicle	(as found) .....	A/S	02	0
right arm	(as found, abrasions to elbow) .....	A/S	02	0
right hand	(as found, abrasions to palm and wrist) .....	A/S	02	0
left clavicle	(as found) .....	A/S	02	0
left arm	(as found) .....	A/S	02	0
left hand	(as found) .....	A/S	02	0
Was patient kept in position found during examination .....				
		A	10	0
<b>Vitals:</b> Did team perform suitable assessment of the following				
Pulse Check ( <b>once</b> ) (corrected to be 120, bounding regular) .....		A	10	0
Pulse Check ( <b>twice</b> ) (corrected to be 90, full regular) .....		A	10	0
Respiration Check ( <b>once</b> ) (corrected to be 22 shallow regular) ...		A	10	0
Respiration Check ( <b>twice</b> ) (corrected to be 16 full regular) .....		A	10	0
Temperature/Skin Condition Checked ( <b>once</b> ) (flushed, moist, warm)		A	10	0
Temperature/Skin Condition Checked ( <b>twice</b> ) (warm, moist) .....		A	10	0
<b>Reassurance provided...</b> (would you as a casualty feel:)				
comforted and reassured to an adequate level <b>OR</b> .....		A	02	0
comforted and reassured to very comfortable level .....		A	05	0

**TREATMENTS:**

<b>14. Minor Laceration to Right Lower Leg of Patient 1</b>				
Was attempt made to control bleeding ( minor bleed ) .....		A	05	0
Was it inspected for foreign objects [none found] .....		A	02	0
Was it protected with sterile dressing .....		A	02	0
Was bandage checked (once, as found) .....		A/S	02	0

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	Was Kling or bandage used to secure dressing . . . . .	A/S	02	0
15.	<b>Closed Fracture to Right Ankle</b>			
	Was it inspected visually [swelling and deformity] . . . . .	A	05	0
	Was adequate padding used around splint/pillow/blanket . . . . .	A	05	0
	Was bandaging checked (once) . . . . .	A/S	05	0
	Did member attempt to ensure that bandaging was adequate . . . . .	A	05	0
	Was distal circulation checked . . . . .	A	05	0
16.	<b>Abrasions to Right Palm/Wrist</b>			
	Was it inspected visually . . . . .	A	02	0
	Was it cleaned suitably . . . . .	A	02	0
	Was it protected with sterile dressing . . . . .	A	02	0
	Was a non-stick dressing chosen . . . . .	A	02	0
	Was Kling or bandage used to secure dressing . . . . .	A	02	0
	Was suitable avoidance on adhesive tape usage maintained . . . . .	A	02	0
17.	<b>Abrasions to Right Elbow</b>			
	Was it inspected visually . . . . .	A	02	0
	Was it cleaned suitably . . . . .	A	02	0
	Was it protected with sterile dressing . . . . .	A	02	0
	Was a non-stick dressing chosen . . . . .	A	02	0
	Was Kling or bandage used to secure dressing . . . . .	A	02	0
	Was suitable avoidance on adhesive tape usage maintained . . . . .	A	02	0
18.	<b>Abrasions to Right Hip</b>			
	Was it inspected visually . . . . .	A	02	0
	Was it cleaned suitably . . . . .	A	02	0
	Was it protected with sterile dressing . . . . .	A	02	0
	Was a non-stick dressing chosen . . . . .	A	02	0
	Was Kling or bandage used to secure dressing . . . . .	A	02	0
	Was suitable avoidance on adhesive tape usage maintained . . . . .	A	02	0

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RECORDING:

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19.	Was the time and date of incident recorded . . . . .	A	02	0
20.	<b>Patient 1</b>			
	Was name and address recorded? . . . . .	A	02	0
	Was laceration to the lower right leg recorded? . . . . .	A	02	0
	Was treatment of the wound recorded? . . . . .	A	02	0
	Was abrasion to right palm/wrist recorded? . . . . .	A	02	0
	Was treatment of the abrasion recorded? . . . . .	A	02	0
	Was abrasion to right elbow? . . . . .	A	02	0
	Was treatment of the abrasion recorded? . . . . .	A	02	0
	Was abrasion to right hip? . . . . .	A	02	0
	Was treatment of the abrasion recorded? . . . . .	A	02	0
	Was closed fracture of right ankle recorded? . . . . .	A	02	0
	Was treatment of the fracture recorded? . . . . .	A	02	0
	Was history recorded? . . . . .	A	02	0
	Were allergies recorded? (Adhesive tape) . . . . .	A	02	0
	Was the presence of medication or medical conditions recorded? . . . . .	A	02	0
	Was record signed by first aider? . . . . .	A	02	0

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Total Possible Marks: \_\_\_\_\_ 341 \_\_\_\_\_

Actual Total : \_\_\_\_\_

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Team Name: \_\_\_\_\_

Floor Position: \_\_\_\_\_

Judges' Names: (1) \_\_\_\_\_

(2) \_\_\_\_\_

Judges' Signatures: (1) \_\_\_\_\_

(2) \_\_\_\_\_