

Appendix 3 THE DUKE OF EDINBURGH'S AWARD IN CANADA

Summary of Conditions

Award Level	Bronze	Silver	Gold
<p>Section 1 SERVICE</p> <p>Choose one or more forms of service and undertake training and practical service to others.</p> <p>Examples: First Aid, lifesaving, community service, child care, care for the blind, voluntary service in hospitals, home nursing, pollution probe, and many others.</p>	<p>Over 14 Years. Qualify in four sections as indicated.</p>	<p>Over 15 years. Qualify in four sections as indicated. Direct entrants (minimum 15 years).</p>	<p>Over 16 years. Qualify in four sections as indicated and complete a Residential Project.* Direct entrants (minimum 16 years).</p>
<p>Section 2 EXPEDITIONS AND EXPLORATIONS</p> <p>Participants take on the elements in a demanding team venture. It develops a spirit of adventure, project management skills, and a sense of achievement through shared responsibility. Participants plan expeditions ranging from relatively simple hikes in a Provincial Park, to retracing the routes of the voyageur, to major trips to Baffin Island.</p>	<p>Undertake basic training, carry out a practice journey, and then complete an Expedition. Minimum of two days out required including one night camping and an average of 6 hours a day OR an Exploration with emphasis on approved investigations or other specified activities.</p>	<p>Undertake basic training, carry out a practice journey and then complete an Expedition, minimum of three days out required including two nights camping and an average of 7 hours a day OR an Exploration with emphasis on approved investigations or other specified activities OR an Adventurous Project.</p>	<p>Undertake basic training, a practice journey and then complete an Expedition. For an Expedition, minimum of four days out required including 3 nights camping, an average of 8 hours a day OR an Exploration with emphasis on approved investigations or other specified activities, OR an Adventurous Project.</p>
<p>Section 3 SKILLS</p> <p>Designed to enrich personal interests and broaden horizons. The idea is to choose a course of study, to work at it and to get better at it. Participants must develop their skill over a minimum of 6 months for Bronze and up to a minimum of 18 months for Gold.</p> <p>Examples: Music, computer programming, crafts, graphic arts, life skills, collections and model building.</p>	<p>Follow a Skills program for a minimum of six months. Activity may be changed once during this period.</p>	<p>Follow a Skills program for a minimum of 6 months for those who have earned their Bronze Award, 12 months for direct Silver entrants.</p>	<p>Follow a Skills program for a minimum of 12 months for those who have earned Silver or 18 months for Gold Direct Entrants. Activity may be changed once during this period.</p>
<p>Section 4 PHYSICAL FITNESS</p> <p>This section involves participation in some form of sport or physical recreation and requires individual progress. It is intended to encourage participants to appreciate physical fitness as an important component of a healthy lifestyle. Participants must pursue a particular activity for a minimum of 15 weeks for Bronze to a minimum of 25 weeks for Gold.</p>	<p>30 hours. Take part in physical activities (games or sports, individual or team) and benefit from participation, effort and improvement.</p>	<p>40 hours Take part in physical activities (games or sports, individual or team) and benefit from participation, effort and improvement.</p>	<p>50 hours Take part in physical activities (games or sports, individual or team) and benefit from participation, effort and improvement.</p>

*Residential Project

To undertake some shared activity, either through voluntary service or training away from home for a period of not less than 5 consecutive days (4 nights away). Examples: Youth leadership training courses; outward bound & similar courses; voluntary help at homes, centres, or camps; work with disadvantaged children or the elderly; school exchanges, church courses etc.

AWARD OFFICE LOCATIONS

National Office

THE DUKE OF EDINBURGH'S AWARD
 207 Queen's Quay West, P.O. Box 124, Suite 406
 Toronto, Ontario
 M5J 1A7
 (416) 203-0674 (o)
 (416) 203-0676 (f)

Alberta/NWT

THE DUKE OF EDINBURGH'S AWARD
 Suite 001, 601 - 10 Avenue S.W.,
 Calgary, Alberta
 T2R 0B2
 (403) 237-7476 (o)
 (403) 269-7826 (f)

BC/Yukon

THE DUKE OF EDINBURGH'S AWARD
 212 - 633 Courtney Street
 Victoria, British Columbia
 V8W 1B8
 (604) 385-4232 (o)
 (604) 385-1433 (f)

Manitoba

THE DUKE OF EDINBURGH'S AWARD
 Suite 2308, 7 Evergreen Place
 Winnipeg, Manitoba
 R3L 2T3
 (204) 475-0297 (o)
 (204) 475 0365 (f)

New Brunswick

THE DUKE OF EDINBURGH'S AWARD
 c/o Department of Municipalities, Culture & Housing
 Marysville Place, Box 6000
 Fredericton, New Brunswick
 E3B 5H1
 (506) 453-3662 (o)
 (506) 457-4991 (f)

Newfoundland

THE DUKE OF EDINBURGH'S AWARD
 c/o Youth Services Division, Dept. of Education
 P.O. Box 8700, Confederation Building
 St. John's Newfoundland
 A1B 4J6
 (709) 729-3591 (o)
 (709) 729-0827 (f)

Nova Scotia

THE DUKE OF EDINBURGH'S AWARD
 P.O. Box 3010 South, 5516 Spring Garden Road,
 Halifax, Nova Scotia
 B3J 3G6
 (902) 425-5450 Ext. 325 (o)
 (902) 425-5606 (f)

Ontario

THE DUKE OF EDINBURGH'S AWARD
 207 Queen's Quay West, P.O. Box 124, Suite 406
 Toronto, Ontario
 M5J 1A7
 (416) 203-0674 (o)
 (416) 203-0676 (f)

Québec

PRIX DU DUC D'ÉDIMBOURG
 100 - 50 rue Est
 Charlesbourg, Québec
 J1H 2L1
 (418) 623- 0634 or 623-0187 (o)
 (418) 622-8166 (f)

Saskatchewan

THE DUKE OF EDINBURGH'S AWARD
 1870 Lorne Street
 Regina, Saskatchewan
 S4P 2L7
 (306) 780-9278 (o)
 (306) 781-6021 (f)

Prince Edward Island

THE DUKE OF EDINBURGH'S AWARD
 109 Water Street, Box 2063
 Summerside, Prince Edward Island
 C1N 5L2
 (902) 368-6024 (o)
 (902) 368-0266 (f)

WEB SITE:

<http://home.inforamp.net/~duke/>

1-800-872-DUKE (3853)

The prescribed standards are to be used as a guide for both sexes and participants must qualify in all sections, one level at a time.

Participants with disabilities should attempt as much of the program requirements as possible under normal conditions. When necessary, variations will be considered by the Award Office.

Participation in the Award Program requires that a young person be registered with an Award Office. The Group Leader must fully and accurately complete The Duke of Edinburgh's Award Young Canadians Challenge Registration form.

When a group is registered for the first time, each member of the leadership team will receive a copy of the Award Handbook.