

Sample 7**PROGRAM***Long Term Program Sample*

CADET DIVISION TENTATIVE TRAINING SCHEDULE FOR SEPT. TO DEC.

<i>Date</i>	<i>New Members</i>	<i>Cadets</i>
Sept. 4	Review of uniform and expectations for members, preparation for Enrolment	
Sept. 11	Review of basic First Aid	
Sept. 18	Issue books and bandages. Outline of First Aid. The Triangular Bandage	Preparation for enrolment. Review basic bandaging
Sept. 25	Rehearsal for Enrolment Ceremony	
Oct. 2	Enrolment Ceremony	
Oct. 9	Lesson 2 Structure and function of body slings	Prof. Cert. Knowledge Of The Order
Oct. 16	Lesson 3 Dressings and bandages - other uses of the triangular bandage	Prof. Cert. Knowledge Of The Order
Oct. 23	Lesson 4 Circulation of the blood, control of Bleeding	Exam or review period
Oct. 30	Wounds and bleeding - other uses of the triangular bandage	Prof. Cert. Knowledge and Care of Animals.
Nov. 6	Bleeding from special regions - control of a nose bleed	Prof. Cert. Knowledge and Care of Animals
Nov. 13	Shock	Exam or review period
Nov. 20	Respiration - the mouth to mouth method of A.R.	Prof. Cert. Cooking and Nutrition
Nov. 27	Mouth-to-mouth and nose for infants	Prof. Cert. Cooking and Nutrition
Dec. 4	Mouth-to-nose for injured face/ Mouth to mask	Exam or review period
	Lecture on the Order of St. John	
Dec 11	Introduce injuries to bones and joints -review skeletal structure	2nd lecture on The Order of St. John
Dec. 18	Holiday party - Details to be decided.	

Long and Short Term Program Sample

	<i>Time</i>	<i>By</i>	<i>Activity</i>	<i>Presenter</i>	<i>Room</i>
W E E K 1	19:00	All	Welcome - New Members review ground rules	MJ	#1
	19:10	All	Game: Relay Race	Mohamud	#1
	19:30	Group A	General rules for the control of bleeding. Grasping and application of wound dressing.	Mohamud	#2
		Group B	Casualty positions in First Aid	Mark	#3
		Group C	History of the Order	May	#4
	19:50	All	Refreshments	Penny	#1
	20:00	All	Game	May	#1
	20:15	All	Summary of notices and duties. Recital of Code of Chivalry	MJ	#1
	20:30	All	Meeting ends		#1
W E E K 2	19:00	All	Welcome - New Members/ground rules	MJ	#1
	19:05	All	Game	Mark	#1
	19:20	Group A	Bleeding from special areas. Built-up dressings	Mohamud	#2
		Group B	Patient positions in health care	Mark	#3
		Group C	Visit T.V. Station	May	
	19:50	All	Refreshments	Penny	#1
	20:00	All	Game	Penny	#1
	20:15	All	Story about the Knights	MJ	#1
	20:30	All	Meeting ends		#1
W E E K 3	19:00	All	Welcome - New Members/ground rules	Penny	#1
	19:05	All	Game	May	#1
	19:20	Group A	Bleeding from special areas continued. Casualty positions and support (revision of slings, etc.)	Mohamud	#2
		Group B	Moving and handling of casualties and patients	Mark	#3
		Group C	History of the Order	May	#4
	19:50	All	Refreshments	Mark	#1
	20:00	All	Games	May	#1
		20:30	All	Meeting ends	
W E E K 4	19:00	All	Welcome - New Members/ground rules	Mohamud	#1
	19:05	All	Game	Penny	#1
	19:20	Group A	Revision of previous work on bleeding practice made-up casualties	Mohamud	#2
		Group B	Casualties for Group A. Made-up, using plastic wounds, etc. while oral quiz takes place	Mark	#3
		Group C	Knowledge and Care of Animals Proficiency	May	#4
	19:50	All	Refreshments	Mark	#1
	20:00	All	Games	MJ	#1
		20:30	All	Meeting ends	